

Health and Wellness Committee

January 31, 2024

Minutes

The meeting was called to order at 8:00 AM

Mrs. Roll distributed the revised District's Health and Wellness Policy and Protocol and summarized the key areas of focus directly linked to federal and state regulations. She emphasized the role of the schools in successfully implementing the policy. Principals were asked to share and review the Protocol with their staff, SITS and PTOs. Mrs. Roll explained that the Protocol will be helpful in completing the Policy Evaluation tool that Schools are asked to complete prior to the end of the school year. She recommended the resources available on the RIHSC website for information related to implementing all the aspects of the District's Wellness Policy and offered to meet with PTOs to address any questions they may have regarding their role in the implementation of the Policy's requirements.

The LHS Green Team reported that they are continuing to work toward creating Share Tables in the Cafeteria at the High School as a way to reduce food waste. Mr. Frost is serving as their Advisor.

Following up on the discussion of Absenteeism at the Wellness Committee's November meeting, Dr. McNamara asked the Principals to share the results of the discussions related to the issue at their schools. Attention to data, links to existing MTTs structures, and engaging with families were among the areas of focus were reported.

Dr. McNamara suggested May 1st as a tentative date for the Wellness Committee's next meeting. Date to be confirmed ASAP.

The meeting adjourned at 9:00 AM.

The next meeting of the Wellness Committee was scheduled for May 1, 2024.

Posted: February 9, 2024