

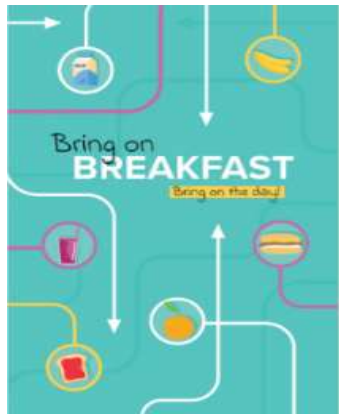
# What's on the Menu?

August-September 2023

## Lincoln Elementary Breakfast

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday                             |
|--|---|---|---|------------------------------------|
|  |   | 30<br>Strawberry Breakfast Yogurt Parfait with Granola  | 31<br>Bacon, Egg, & Cheese on a Bagel           | 1<br><b>LABOR DAY</b><br>NO SCHOOL |
| 4<br><b>LABOR DAY</b><br>NO SCHOOL   | 5<br>Egg & Cheese Quesadilla                      | 6<br>Blueberry Breakfast Yogurt Parfait with Granola    | 7<br>Ham, Egg, & Cheese on an English Muffin    | 8<br>Mini Pancakes                 |
| 11<br><br>Apple Muffin              | 12<br>Chicken Sausage, Egg, & Cheese on a Biscuit | 13<br>Strawberry Breakfast Yogurt Parfait with Granola  | 14<br>Scrambled Eggs Corn Muffin                | 15<br>Mini Waffles                 |
| 18<br><br>Blueberry Muffin        | 19<br>Egg & Cheese on a Biscuit                   | 20<br>Mixed Berry Breakfast Yogurt Parfait with Granola | 21<br>Bacon, Egg, & Cheese on an English Muffin | 22<br>French Toast Minis           |
| 25<br><br>Cranberry Orange Muffin | 26<br>Bagel with Sunbutter or Cream Cheese        | 27<br>Strawberry Breakfast Yogurt Parfait with Granola  | 28<br>Ham, Egg, & Cheese on a Bagel             | 29<br>Mini Pancakes                |

| Daily Offerings   |
|---|
| Assorted Cereals<br>Fresh Fruit, Chilled Fruit<br>Craisins, Raisins<br>100% Fruit Juice<br>1% Low Fat Milk<br>Fat Free Chocolate Milk |



Bring on Breakfast adds excitement to the beginning of the school day by offering delicious food that fuels the day.

 Vegetarian  Locally Grown