



What's on the Menu?

Lincoln GF Lunch Menu – August/ September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Questions: Contact Mariah Perez at Mariah.perez@compass-usa.com</p> <p>-All items are made with whole grain -All meals are served with a variety of fruits & vegetables: local when available. -All meals are served with milk (1% low fat white or fat free chocolate). -Menu is subject to change.</p>		<p>30</p> <p>Cheeseburger</p> <p>Crinkle Cut Fries</p>	<p>1</p> <p>Grilled Chicken Sandwich</p> <p>Roasted Broccoli</p>	<p>2</p> 
<p>4</p> 	<p>5</p> <p>Cereal Fun Lunch</p> <p>Fresh Baby Carrots</p>	<p>6</p> <p>Grilled Chicken Parmesan</p> <p>Roasted Mixed Vegetable</p>	<p>7</p> <p>Classic Cheeseburger</p> <p>Baked Tater Tots</p>	<p>8</p> <p>Cheese Pizza</p> <p>Caesar Salad</p>
<p>11</p> <p>Pizza Bagel Fun Lunch</p> <p>Babby Carrots</p>	<p>12</p> <p>Beef Nachos</p> <p>Fresh Pico de Gallo</p>	<p>13</p> <p>Grilled Cheese Sandwich</p> <p>Mexicalli Corn</p>	<p>14</p> <p>Grilled BBQ Chicken Sandwich</p> <p>Local Roasted Zucchini</p>	<p>15</p> <p>Pepperoni Pizza</p> <p>Tossed Salad</p>
<p>18</p> <p>Cereal Fun Lunch</p> <p>Fresh Cucumber Coins</p>	<p>19</p> <p>Ham & Cheese Sandwich</p> <p>Fresh Celery Stick</p>	<p>20</p> <p>Roast Pork</p> <p>Local Corn on the Cobb</p>	<p>21</p> <p>Grilled Cheese Sandwich</p> <p>Local Roasted Carrot Fries</p>	<p>22</p> <p>Cheese Pizza</p> <p>Kale Caesar Salad</p>
<p>25</p> <p>Grilled Chicken Parmesan Sandwich</p> <p>Tater Tots</p>	<p>26</p> <p>Beef Nachos</p> <p>Corn & Black Bean Salsa</p>	<p>27</p> <p>Grilled Chicken Ranch Sandwich</p> <p>Roasted Green Beans</p>	<p>28</p> <p>Classic Cheeseburger</p> <p>Local Roasted Green Beans</p>	<p>29</p> <p>Pepperoni Pizza</p> <p>Local Roasted Broccoli</p>