

Lincoln Elementary Lunch Menu - November 2022



A variety of fresh, local, vegetables and salads are offered daily on the menu.

	1	2	3	4
	Beef Tacos Shredded Cheddar, Shredded Lettuce, Salsa, Sour Cream	General Tso's Chicken Brown Rice Sesame Green Beans	National Sandwich Day Italian-style Chicken Parm Sandwich Local Herb Roasted Potatoes	Classic Cheese Pizza Cucumber & Local Apple Salad
7	8	9	10	11
Pasta with Meat Sauce Roasted Summer Squash		Roasted Turkey & Gravy Homemade Mashed Local Potatoes Roasted Local Butternut Squash Cranberry Sauce	Classic Cheese Pizza Roasted Broccoli	
14	15	16	17	18
Mac & Cheese Roasted Broccoli Dinner Roll	Chicken Fajita Rice Bowl Roasted Carrot "Fries"	Shepherd's Pie with Local Homemade Mashed Potatoes Dinner Roll	Italian-style Meatball Sub Fresh Roasted Green Beans	Classic Cheese Pizza Local Apple and Kale Salad
21	22	23	24	25
Crispy Chicken Tenders Roasted Local Potato Wedges Dinner Roll	Beef Nachos Shredded Cheddar, Shredded Lettuce, Salsa, Sour Cream	EARLY DISMISSAL PREORDER BAGGED LUNCHES TO GO		No School
28	29	30		
French Toast Day Breakfast for Lunch French Toast Hashbrown Chicken Sausage Patty Warm Local Apple Slices	Chicken Noodle Soup Grilled Cheese Sandwich	EARLY DISMISSAL PREORDER BAGGED LUNCHES TO GO		

Any questions, please contact Director of Dining Services, Mariah Perez, (401) 334 7532 or at mariah.perez@compass-usa.com

Daily Alternate Options:

Option 2

Monday- Crispy Chicken Patty Sandwich
Tuesday- Hamburger or Cheeseburger
Wednesday- Hot Dogs
Thursday- Chicken Nuggets with Dinner Roll
Friday- Chicken Tenders

Cold Options 3 & 4

10/31-11/4: Ham Chef Salad with Roll
Muffin Fun Lunch
11/7-11/11: **Turkey & Cheese Sandwich**
Cereal Fun Lunch
11/14-11/18: **Taco Salad**
Ham, Cheese, Grape Fun Lunch
11/21-11/23: Ham & Cheese Wrap
Bagel Fun Lunch
11/28-12/2: Chicken Caesar Salad
Pretzel & Yogurt Fun Lunch

Extra Extra

10/31-11/4: Local Apples, Cantaloupe, Carrot Sticks, Cucumber Slices, Roasted Kidney Beans, Local Sweet Potato Salad
11/7-11/11: Local Apples, Red Grapes, Grape Tomatoes, Roasted Broccoli, Roasted Garbanzo Beans, Local German Potato Salad
11/14-11/18: Local Apples, Orange Wedges, Cherry Tomatoes, Red Pepper Strips, Mexican-inspired Corn, Chickpea Salad with Italian Dressing, Local Apple & Kale Salad
11/21-11/23: Local Apples, Green Grapes, Green Pepper Strips, Baby Carrots, BBQ Northern Beans
11/28-12/2: Local Apples, Bananas, Corn & Black Bean Salsa, Fresh Broccoli Florets, Celery Sticks, Roasted Local Butternut Squash

All items are made with whole grains.

All meals are served with a variety of fruits and vegetables, local when available.

All meals are served with milk (1% low fat white or fat free chocolate)

Menu is subject to change.

This institution is an equal opportunity provider.