

Lincoln Public Schools
Health and Wellness Committee
November 1, 2023
Minutes

The meeting was called to order at 8:05 AM.

Mrs. Roll asked those who attended the RIHSC Annual Breakfast for School Leaders on October 26th to share any takeaways from the event. Mr. Williamson mentioned the presentation on supporting teacher wellness (Reignite Teachers/Reignite Education) and Mr. Smith noted the Keynote: Farm Fresh School Meals for All - Lessons from Vermont. Mrs. Roll encouraged all members of the Wellness Committee to visit the RIHSC website to find the 2023 Breakfast Program and Resources.

LHS students, Sadie and Alexis Hurley reported for the LHS Green Team. They indicated that while they had not found an Advisor for the Green Team, Mr. Frost had agreed to provide adult support for the group until an Advisor could be identified. The LHS Green Team has been successful in bringing a number of underclassmen onto the Team and has had one meeting to identify key next steps for the 2023-24 school year.

Dr. McNamara raised the issue of absenteeism in Lincoln. Principals will be asked to use a common self-assessment tool with their staff and SITs to identify problem areas of focus and response from a School perspective. The Wellness Committee divided into four groups to use the tool for a District Level discussion. Each group shared their discussion with the entire Committee. Dr. McNamara will put these together and share them along with school level discussions at the next meeting of the Wellness Committee.

Pam Shayer from the Blackstone Valley Prevention Coalition spoke about the Coalition's state-wide efforts to address vaping by children and teens. Both Sadie and Alexis Hurley are active in the work locally and at the state level. Mr. Hopkins noted the need for better data specific to LHS, indicating that LHS has experienced a significant decline in the number of students disciplined for violations under District policies. Mr. Williamson noted that at LMS, the focus is on educating students as a prevention tool.

The next meeting of the Wellness Committee will be held on January 31, 2024.

The meeting adjourned at 9:05 AM.

Posted: November 16, 2023