November 8, 2018

Dear Parents:

I hope this letter finds you well. My name is Greg O'Connor and I am the Director of Athletics for the Lincoln Public Schools. As the winter sports season draws closer I would like to emphasize the eligibility requirements for participation as a student-athlete. In order to be eligible, students must provide the following;

- A Parental Permission and Acknowledgment of the Lincoln Public Schools Interscholastic Athletic Policy Form signed by the student's parent/guardian
- An updated health physical and clearance to play (*No student will be allowed to tryout without a physical on file with the nurse's office*)

Physical Form will not be accepted at tryouts or practice; it must be turned into Nurse's office before practice.

- A RIPCOA Assumption of Risk Form signed by the student's parent/guardian
- A consent form concerning concussion awareness signed by the student and parent/guardian.

The Lincoln Middle School winter sports program includes the following programs:

Boys Basketball

Girls Basketball

Wrestling

Wrestling is for anyone interested in coming out for the team. There are NO TRYOUTS. Boys Basketball and Girls Basketball will have try outs and evaluations to determine the make-up of the teams. In order for players to be fairly evaluated, players should attend all tryout dates. If a student is to miss a tryout, he/she must receive written approval from Director of Athletics in advance.

The following are the dates and times for fall tryouts along with the coaches contact information.

Wrestling:

Tuesday, November 13 th	6:05 – 7:35 p.m.	Lincoln MS	Practice
Wednesday, November 14 th	6:05 – 7:35 p.m.	Lincoln MS	Practice
Thursday, November 15 th	6:05 – 7:35 p.m.	Lincoln MS	Practice
Friday, November 16 th	6:05 – 7:35 p.m.	Lincoln MS	Practice

Coach:

Damian Perrotta perrottad@lincolnps.org

Girls Basketball:

	Tuesday, November 13 th	2:45 – 4:15 p.m.	Lincoln MS	Tryout
	Wednesday, November 14 th	2:45 – 4:15 p.m.	Lincoln MS	Tryout
	Thursday, November 15 th	2:45 – 4:15 p.m.	Lincoln MS	Tryout
	Friday, November 16 th	2:45 – 4:15 p.m.	Lincoln MS	Practice
Coach:	Jon Bruckner			
Couch.	brucknerj@lincolnps.org			
	brucknerj@uncomps.org			
Boys Basketball:				
	Tuesday, November 13 th	4:25 – 5:55 p.m.	Lincoln MS	Tryout
	Wednesday, November 14 th	4:25 – 5:55 p.m.	Lincoln MS	Tryout
	Thursday, November 15 th	4:25 – 5:55 p.m.	Lincoln MS	Tryout
	Friday, November 16 th	4:25 – 5:55 p.m.	Lincoln MS	Practice
Coach:	TBA			

*All times subject to change, student-athletes and parents will be notified of any changes.

We please ask that all student-athletes have their completed forms with them when they arrive at practice/tryouts on Monday. All forms are attached in this email or will be available in the main office for students to pick up if they have yet to do so.

As Director of Athletics it is my goal to provide a fun, safe, positive environment for all student-athletes with an emphasis on academics, integrity, sportsmanship, and character. If you should have any questions, comments, or concerns please feel free to contact me. Thank you and Go Lions!

Sincerely,

Greg O'Connor

Greg O'Connor Director of Athletics Lincoln School Department <u>oconnorg@lincolnps.org</u> 401-334-7520