

**Lincoln Public Schools
Health and Wellness Committee
Thursday, May 19, 2016**

Minutes

The meeting was called to order at 8:00 AM. Mary Anne introduced Karin Wetherill from the RI Healthy Schools Coalition and Nancy Day who is the RI representative for BOKS. Nancy is an East Greenwich parent who was instrumental in bringing a BOKS program to her children's elementary school. She provided information regarding the BOKS program and how it might work in Lincoln. It is a before-school physical activity program sponsored by Reebok. It is volunteer driven with Reebok providing training and resources.

Members of the committee asked about space needs in the school and the length of the program. Possible community partners, including McColl Y were mentioned. Beth Bedrossian offered to try to get Nancy a contact at McColl Y. Mike Bedrossian mentioned that concerns about finding adequate volunteers before school might be addressed if "student interns" from RIC could be used. Conflicts around the use of space by both the Y program and Before the Bell were noted. Nancy offered to work with any elementary school interested in giving BOKS a try during the 2016-2017 school year.

Mary Anne Roll distributed the results of the 2016 Annual wellness Survey. The survey was available on the District's website for 5 days in late May. 135 people responded compared to 75 in 2015, including Principals, teachers, parents and students. All schools were represented. A number of comments were provided by respondents. Mary Anne will present an Annual Report to the School Committee in the Fall and along with Andrew Viveiros, will do a "road show" to the each of the schools to address issues raised in the survey. She also thanked Andrew as well as Jim Frost and Scott Mowry for their help with this year's survey.

School reports were tabled for lack of time.

The next meeting will be scheduled in September 2016.

Meeting adjourned at 9:00.