

**Lincoln Public Schools  
Health and Wellness Committee  
March 30, 2016  
Minutes**

1. The meeting was called to order at 8:00 AM.
2. Nutrition/Food Service: Andrew Viveiros provided a report to the committee. A student survey focusing on Food Service has been completed at Lincoln Middle School and Lincoln High School. Participation was low at the high school but very high at Lincoln Middle School. Andrew thanked the principals for their support. The middle school data is the most helpful. Aramark is sponsoring a Junior Chef contest in April. Lincoln will be represented. RIDE's audit of the food service program has been completed.
3. SHAC Grant: Rhonda Sexton reported on the work at Lincoln High School under the CDC grant we received last year through RIDE. While there has been no additional money for the second year of the grant, Lincoln has continued to participate in activities sponsored by RIDE for participating districts. Lincoln did receive benefits from a "wish list." RIDE reports that the items requested have been ordered. Beth Bedrossian has offered to assist Rhonda going forward. The Lincoln High School GSA continues, has been active this year and continues to grow.
4. RI Healthy School Coalition: Mary Anne reminded the committee that she and Andrew serve on the organization's Steering Committee. The goal of the Coalition is to provide support to schools and staff in the area of nutrition and physical activity. Members of the Wellness Committee were encouraged to "like" RIHSC on Facebook to connect to the work of the coalition and its resources. The Coalition is always looking for photos (available for public use) to illustrate the efforts of teachers and schools in promoting both nutrition and physical activity. Mary Anne also reminded the Committee that the Annual Wellness Survey would be posted in May on the District's website. Both Andrew and Jim Frost were asked to set a time to meet with her along with Scott Mowry to review the survey questions and update the introduction to provide better direction to those who wish to respond.
5. Representatives from the schools present provided brief updates on the activities since the January meeting.
6. The meeting adjourned at 8:50 AM.

Next meeting: Wednesday, May 25<sup>th</sup>.