



Lincoln High School

January 2017

2
Happy New Year

side items

3
Pizza Burger Melt
Chicken Nuggets w/ Breadstick
Chicken Parm Sub
Egg Salad Sub or Sunny Butter & Jelly

side items
Spicy Chicken Sandwich
Carrot Sticks

4
Ham & Egg Pancake Melt
Hot Dog
Apple & Cheese Platter w/Soft Pretzel
Ham & Cheese Sandwich

side items
Spicy Chicken Sandwich
Green Beans

5
Chicken & Cheese Nachos
Cheese Quesadilla
Popcorn Chicken Salad w/Breadstick
Cheese Wrap

side items
Spicy Chicken Sandwich
Carrot Coins

6
Turkey & Gravy w/Stuffing or Roll
Bacon Grilled Cheese
Chicken Nacho Salad w/Tortilla Chips
Turkey & Cheese Wrap

side items
Spicy Chicken Sandwich
Farm Fresh Friday

9
Spaghetti & Meatballs
Chicken Nuggets w/ Breadstick
Veggie Greek & Feta Salad w/Roll
Tuna Salad Sub

side items
Spicy Chicken Sandwich
Sweet Potato

10
Fish Sticks w/ Mac & Cheese
BBQ Chicken & Cheddar Calzone
Turkey Chef Salad w/Roll
Ham Sandwich

side items
Spicy Chicken Sandwich
Carrot Sticks

11
Sweet & Sour Popcorn Chicken w/ Fried Rice
Waffles w/ Sausage
Beef Nacho Salad w/Tortilla Chips

side items
Spicy Chicken Sandwich
Fresh Pepper Strips

12
Spicy Frito Pie
Beef Soft Taco
Chicken & Cheese Salad w/Roll
Italian Sub

side items
Spicy Chicken Sandwich
Veggie Baked Beans

13
High School Exhibition Presentation
No Lunch Served

side items

16
Martin Luther King Day
No School

side items

17
Roasted Chicken Leg w/Roll
Cheese Quesadilla
Chicken Baja Salad w/Roll
Turkey Wrap

side items
Spicy Chicken Sandwich
Mashed Potatoes

18
French Toast Sticks w/Cheese Omelet
Pasta & Meat Sauce
Egg Chef Salad w/Roll
Chicken Salad Sub

side items
Spicy Chicken Sandwich
Chic Pea Salad

19
Sausage & Beans w/Rice
Beef & Cheese Nachos
All American Chef Salad w/Roll
Roasted Veg Sub or Three Cheese Wraps

side items
Spicy Chicken Sandwich
Seasoned Corn

20
High School Exams
No Lunch Served

side items

23
High School Exams
No Lunch Served

side items

24
High School Exams
No Lunch Served

side items

25
High School Exams
No Lunch Served

side items

26
Chicken Nachos
Soft Beef Tacos
Ranch Chicken Salad w/Roll
Egg Salad Sub or Sunny Butter & Jelly

side items
Spicy Chicken Sandwich
Roasted Potatoes

27
Turkey & Gravy w/Stuffing or Roll
Bacon Grilled Cheese
Chicken Nacho Salad w/Tortilla Chips
Turkey & Cheese Wrap

side items
Spicy Chicken Sandwich
Farm Fresh Friday

30
Bosco Sticks w/Marinara
BBQ Chicken Melt
Chicken Chef Salad w/Roll
Santa Fe Turkey Wrap

side items
Spicy Chicken Sandwich
Seasoned Corn

31
Penne Chicken Pasta in Pink Sauce
Corn Dog
Kickin Pinto Salad w/Tortilla Chips
Ham & Cheese Sandwich

side items
Spicy Chicken Sandwich
Fresh Cucumbers Coins

1
French Toast Sticks w/Cheese Omelet
BBQ Pulled Pork Sandwich
Turkey & Cheese Salad w/Roll
Tuna Salad Sub

side items
Spicy Chicken Sandwich
Sweet Potato

2
Chicken Fajita
Beef & Cheese Nachos
Tossed Salad w/Cheese & Roll
Mediterranean Wrap

side items
Spicy Chicken Sandwich
BBQ Black Beans

3
Sloppy Joe Melt
Chicken Nuggets w/Breadstick
Ham Chef Salad w/Roll
Turkey Sandwich

side items
Spicy Chicken Sandwich
Farm Fresh Friday

Hot Fresh Pizza &/or Calzones Daily
Fruit, Veg. & Milk (LF white & FF flavored) available with all meals. Milk only \$.50.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

Balances * Payments * Comments or Questions?

www.MySchoolBucks.Com

Andrew Viveiros: Director of Child Nutrition
Viveiros-Andrew@Aramark.com (401) 333-5576



Breakfast Prices:
Breakfast Paid: \$1.25
Breakfast Reduced: \$.30



Lunch Prices:
Lunch Paid \$2.70 or \$3.70
Reduced: \$.40

This institution is an equal opportunity provider.

